



Harassment and bullying

‘Harassment’ covers unwanted behaviour which can be related to protected characteristics or can be unwanted behaviour that causes alarm or distress which has the purpose or effect of violating a person’s dignity or creating an intimidating, hostile, degrading, humiliating, or offensive environment for them.

At Health Assured, we have recorded a **30% increase year-on-year** in calls to our helpline relating to sexual harassment and workplace bullying. With the festive period approaching, calls relating to these subjects increase following Christmas parties and team social events. It is important that individuals are aware and informed, so that these situations do not occur, and they understand how your EAP can support.

Our helpline is open 24/7, 375 days a year and our counsellors are here to listen and help you with the following services:

24/7 helpline – Our qualified counsellors and advisors are available 24/7, 365 via our confidential support helpline offering both emotional support and practical information surrounding bullying, harassment, and sexual harassment.

Management support – Guidance for employers on how to support and adopt policies and procedures within the organisation. Additionally, our advisors can offer information on how to support employees raising concerns about harassment in the workplace.

You can also utilise the Wisdom app, which has a range of resources and other ways to contact us.

Download and register today

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Unique code:

